Section on a specific subject from:

DATABOOK OF HAPPINESS

A complementary reference work to
Conditions of Happiness

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L 3 LIFE STYLE

L 3.1 - CONSUMPTION PATTERN

L 3.1.1 - CONSUMPTION OF FOOD

CONSUMPTION OF MILK, YOGHURT, ETC.	Closed question on amount of consumption per day		HAPP 1.1	G	+.14			National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28
CONSUMPTION OF MEAT, FISH AND EGGS	See above		HAPP 1.1	G	+.21			See above	BAKKE 74 p. 28
CONSUMPTION OF SUGAR	Closed question on number of cups of coffee, tea and chocolate; and number of spoons of sugar used in each cup		HAPP 1.1	G	+.05		ns	See above	BAKKE 74 p. 28
CONSUMPTION OF FAT	Closed question on usual amount of consumption of bacon and drippings		HAPP 1.1	G	-.01		ns	See above	BAKKE 74 p. 28
CONSUMPTION OF FRUIT	Closed question on amount of consumption of fresh fruit per week		HAPP 1.1	G	+.04		ns	See above	BAKKE 74 p. 28

L 3.1.2 - CONSUMPTION OF ALCOHOL, TOBACCO, AND DRUGS

USING ALCOHOL	Closed question on consumption of alcohol. total abstainers (always abstained and ex-drinkers) vs alcohol users	Reversed among those reporting not doing too well in getting things they want : $G' = -.08$ (ns) Among those doing pretty well : $G' = +.06$ (ns)	HAPP 1.1	G'	+.06	Gt'	ns	Non-institutionalized adult population, U.S.A. Probability multi-stage sample N: 1453, date: summer, 1963	BRENN 67 p. 671
		Stronger among those who are very happy : $G' = +.42$ (05) Among the pretty happy : $G' = +.12$ (ns) Not among the not too happy : $G' = +.03$ (ns)	CON 1.1	G'	+.16	Gt'	05		
AMOUNT OF ALCOHOL CONSUMPTION	Closed question on using alcohol and amount of alcohol ordinarily consumed at one sitting. total abstainer / small amounts / medium or large amounts	Our Gamma (G') was computed by us on the basis of data available. The other Gammas (G) were sent to us by the author and not presented in the publica-tion (to be continued on next page)						See above	BRENN 67 p. 671

Subject	Correlate	Observed relation / remarks	Measure	Stat	Value		Signif.	Population	Source
		U – shaped curve: those drinking small amounts being most happy	HAPP 1.1	G' G	+.01 +.02	Gt'	ns ns		
		Among those doing pretty well in getting the things they want : G = +.01 (ns) – with no problems due to drinking: G = +.04 (ns) Among those not doing too well : G = –.03 (ns) – with no problems due to drinking: G = +.08 (ns)							
		Stronger among those who are very happy: G' = +.24 (ns) Among the pretty happy : G' = +.06 (ns) Not among the not too happy : G' = –.01 (ns)	CON 1.1	G'	+.09	Gt'	ns		
	small amounts vs medium or large amounts	Total abstainers were excluded here.							
		Among those with no problems due to drinking: G' = +.04 (ns) Among those with problems due to drinking: G' = –.44 (01)	HAPP 1.1	G	–.06		ns		
		Among those doing pretty well in getting the things they want : G = –.09 (ns) – with no problems : G = –.04 (ns) – with problems : G = –.28 (ns) Among those not doing too well : G = +.12 (ns) – with no problems : G = +.52 (01) – with problems : G = –.48 (05)							
		Among those with no problems due to drinking: G' = +.11 (ns) Among those with problems due to drinking: G' = –.25 (ns)	CON 1.1	G'	+.08	Gt'	ns		
BEING AN EX-DRINKER	alcohol users vs ex-drinkers	Those who have always abstained were excluded here.							
		Reversed among those reporting not doing too well in getting the things they want: G' = +.17 (ns) Among those doing pretty well : G' = –.10 (ns)	HAPP 1.1	G'	–.12	Gt'	ns	Non-institutionalized adult population, U.S.A. (See last page)	BRENN 67 p. 671
		Stronger among those who are very happy: G' = –.51 (05) Among the pretty happy : G' = –.43 (01) Not among the not too happy : G' = +.00 (ns)	CON 1.1	G'	–.35	Gt'	01		
BEING AN EX-DRINKER	always abstained vs ex-drinkers	Alcohol users were excluded here.						See above	BRENN 67 p. 671
		Reversed among those reporting not doing too well in getting the things they want : G' = –.13 Among those doing pretty well : G' = +.05	HAPP 1.1	G'	–.08				
		Stronger among those who are pretty happy: G' = –.46 Negative among the very happy : G' = –.17 Not among the not too happy : G' = +.02	CON 1.1	G'	–.28				
HAVING PROBLEMS DUE TO DRINKING	5-item index of closed questions on specific problems due to drinking with health, employer, spouse or other familymembers, police. no problems vs problems	Computed for alcohol users only.						See above	BRENN 67 p. 671
		Stronger among those who use medium or large amounts : G' = –.53 (01) Lower among those who use small amounts: G' = –.09 (ns) (to be continued on next page)	HAPP 1.1	G'	–.31	Gt'	01		

		Stronger among those reporting not doing too well in getting the things they want : $G = -.31$ (05) Lower among those doing pretty well: $G = -.14$ (ns)							
		Stronger among those who use medium or large amounts : $G' = -.64$ (01) Lower among those using small amounts: $G' = -.38$ (05)	CON 1.1	G'	$-.51$	Gt'	01		
		Stronger among those who are not too happy: $G' = -.59$ (01) Lower among the pretty happy : $G' = -.39$ (01) Not among the very happy : $G' = -.06$ (ns)							
CONSUMPTION OF ALCOHOL	Closed question on amount of consumption, rated on a 6-point scale		HAPP 1.1	G	$+.05$		ns	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28
ALCOHOL USAGE	Repeated yes / no question on usage during the past day; during one month		AFF 3.1 HAPP 3.1	r_{pm} r_{pm}	$-.03$ $+.02$		ns ns	Undergraduate students, U.S.A. Non-probability chunk sample N: 67, date: summer, 1970	GORMA 71 p. 216/222
CIGARETTE SMOKING	Direct question on number of cigarettes		HAPP 2.1	G	$-.06$	Chi^2	001	Male employees of age 40+, The Netherlands Non-probability chunk sample N: 13000, date: —	SONDE 75
CONSUMPTION OF TOBACCO	Direct question on number of cigars, cigarettes and pipes smoked per day		HAPP 1.1	G	$+.04$		ns	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28
MARIJUANA USAGE	Repeated yes / no question on usage during the past day; during one month		AFF 3.1 HAPP 3.1	r_{pm} r_{pm}	$-.03$ $-.35$		ns 01	Undergraduate students, U.S.A. Non-probability chunk sample N: 67, date: summer, 1970	GORMA 71 p. 216/222
AMPHETAMINE USAGE	See above		AFF 3.1 HAPP 3.1	r_{pm} r_{pm}	$-.05$ $+.11$		ns ns	See above	GORMA 71 p. 216/222
BARBITURATE USAGE	See above		AFF 3.1 HAPP 3.1	r_{pm} r_{pm}	$-.02$ $-.38$		ns 01	See above	GORMA 71 p. 216/222

L 3.2 - SLEEP RHYTHM

AMOUNT OF SLEEP	Difference between the time one usually goes to sleep and the time one usually awakes		HAPP 1.1	G	± 0		ns	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28

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Variable	Description	Notes	Code	Statistic	Value	Test	Sig.	Sample	Reference
AMOUNT OF SLEEP	Repeated direct question on number of hours sleep last night; during 6 weeks		AFF 3.1	r_{pm}	+.25	t	ns	Male college students, U.S.A. Non-probability chunk sample N: 17, date: $\pm$ 1960	WESSM 66/2 p. 283
AMOUNT OF SLEEP	Repeated closed question on amount of sleep last night; during one month much less than average / less than average / average amount / more than average / much more than average		AFF 3.1 HAPP 3.1	r_{pm} r_{pm}	+.16 -.06		ns ns	Undergraduate students, U.S.A. Non-probability chunk sample N: 67, date: summer, 1970	GORMA 71 p. 216/222
SATISFACTION WITH AMOUNT OF SLEEP	Closed question: 'How do you feel about the amount of sleep you get?' terrible / unhappy / mostly dissatisfied /mixed / mostly satisfied / pleased / delighted		HAPP 3.1 (1st instr.)	h^2	.31			National adult population, U.S.A. Probability area sample (third sample) N: 1072, date: November, 1972	ANDRE 74 p. 19

L 3.3 – USE OF LEISURE TIME

see also 'Social Participation' (S 4) and 'Sports' (S 6)

L 3.3.1 – LEVEL OF ACTIVITY IN LEISURE TIME

Variable	Description	Notes	Code	Statistic	Value	Test	Sig.	Sample	Reference
SOCIAL ACTIVITY	Number of hours spent during the last typical week attending a sport event; attending church, lectures, concerts ect.; doing volunteer work for church, other organizations, or relatives; visiting, telephoning, or writing friends or relatives; parties, eating out, or entertaining	Stronger among males: r = +.17	HAPP 3.1	r	+.09			People of 46 and older, Duke, U.S.A. Probability systematic random sample, stratified by age and sex N: 502, date: 1968	PALMO 72 p. 70
ACTIVE LEISURE TIME	Closed question: no vs yes		HAPP 2.1	G	+.58	Chi^2	000	Male employees of age 40-65, The Netherlands Non-probability chunk sample N: 13,000, date: —	SONDE 75
AMOUNT OF NON-ASSOCIATIONAL LEISURE ACTIVITY	Average number of hours per week	The relationship disappears when controlled for self-perceived health.	COMP 1.1	r_{pm}	+.28		05	White males who had experienced a first heart attack, Durham, North Carolina, U.S.A. Non-probability quota sample N: 56, date: 1970	GARRI 73 p. 201
ENGAGING IN HOBBIES		Unaffected by sex	HAPP 2.1		+		s	Middle-aged, middle class married couples, U.S.A. Non-probability accidental sample of couples N: 416, date: 1952 – 1953	ROSE 55 p. 17
HAVING HOBBIES	Direct question on number of hobbies Weighted score based on number of hobbies and amount of skill involved	Index of Positive Affects: r = +.16 (05) Index of Negative Affects: r = +.30 (01)	AFF 2.3	r_{pm}				Residents of Stirling County, Maritime, Canada Probability sample, stratified by sex, age, socio-environmental circumstances and mental health N: 112, date: 1963 – 1968	BEISE 74 p. 325
CAMPUS ACTIVITY LEVEL	Non-required campus activities of any sort no activities vs activities		COMP 2.2		$\pm$ 0		ns	Female college students, New York, U.S.A. Type of sample construction unclear N: 238, date: —	WASHB 41 p. 283
NUMBER OF EXTRACURRICULAR ACTIVITIES TAKEN PART IN	Open-ended direct question: 0 / 1-2 / 3+		HAPP 1.1	G V	+.14 .10	Chi^2	01	Juniors and seniors attending public high schools in New York State, U.S.A. Probability cluster sample of 10 public high schools N: sample A: 1682, date: 1960	BRENN 70 p. 108/318
			AFF 1.1	G V	+.16 .10	Chi^2	01		

TIME SPENT ON EXTRACURRICULAR ACTIVITIES	Open-ended direct question: 0 / 1-4 / 5 hours or more in an average week		HAPP 1.1	G V	+.14 .09	Chi^2	01	Juniors and seniors attending public high schools in New York State, U.S.A. (see last page)	BRENN 70 p. 108/314
			AFF 1.1	G V	+.21 .12	Chi^2	01		

PARTICIPATION IN EXTRACURRICULAR ACTIVITIES

2-item index of open-ended questions on number of extracurricular activities taken part in, and number of hours spent on these activities in an average week

		HAPP 1.1	G V	+.14 .07	Chi^2	02	See above	BRENN 70 p. 108/124 - 158/310

When standardized on:
- having fun in life : G_s = +.07
- tending to be a lonely person : G_s = +.10
- having faith in people : G_s = +.10
- sensitivity to failure : G_s = +.14
- educational level of mother : G_s = +.12
- school social class : G_s = +.12
- self-esteem : G_s = +.12
- tending to be a lonely person, and having fun in life : G_s = +.07
- having faith in people, and having fun in life : G_s = +.04
- having faith in people, and tending to be a lonely person : G_s = +.06
- educational level of mother, and having fun in life : G_s = +.07
- educational level of mother, and tending to be a lonely person : G_s = +.08
- educational level of mother, and having faith in people : G_s = +.09
- school social class, and having fun in life. : G_s = +.06
- school social class, and tending to be a lonely person : G_s = +.08
- school social class, and having faith in people : G_s = +.08
- school social class, and educational level of mother : G_s = +.11

Unaffected by stability of self-image
Unaffected by hours spent on work for pay
Positive in middle and upper class : G = +.14
  When standardized on self-esteem : G = +.10
Negative in lower class : G_s = -.29
  When standardized on self-esteem : G_s = -.24
Unaffected by school social class

When standardized on:

		AFF 1.1	G V	+.24 .11	Chi^2	01		

- having fun in life : G_s = +.19
- tending to be a lonely person : G_s = +.21
- having faith in people : G_s = +.21
- sensitivity to failure : G_s = +.24
- educational level of mother : G_s = +.22
- school social class : G_s = +.23
- tending to be a lonely person, and having fun in life : G_s = +.19
- having faith in people, and having fun in life : G_s = +.17
- having faith in people, and tending to be a lonely person : G_s = +.18
- educational level of mother, and having fun in life : G_s = +.19
- educational level of mother, and tending to be a lonely person : G_s = +.19
- educational level of mother, and having faith in people : G_s = + 18

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		– school social class, and having fun in life : G_s = +.19 – school social class, and tending to be a lonely person : G_s = +.20 – school social class, and having faith in people : G_s = +.21 – school social class, and educational level of mother : G_s = +.21 Stronger among those with medium and high stability of self-image : G = +.27 Lower among those with low stability of self-image : G = +.21 Stronger among those who did not spend time on working for pay : G = +.27 Lower among those who spent some hours on work for pay : G = +.22 Negative in lower class : G = -.13 Positive in middle and upper class : G = +.21 Unaffected by school social class							
EXTENT OF MENTAL WORK BESTOWED UPON PLEASURES (games etc.)	Class-master rating on a 7-point scale on the basis of observation		AFF 5.3	r_{pm}	+.43			Schoolboys, England Non-probability chunk sample N: 140, date: 1912 – 1913	WEBB 15 p. 27
DEGREE OF BODILY ACTIVITY IN PURSUIT OF PLEASURES	See above		AFF 5.3	r_{pm}	+.47			See above	WEBB 15 p. 27
EXTENT OF MENTAL WORK BESTOWED UPON PLEASURES	Trained peer rating on a 7-point scale on the basis of observation		AFF 5.2	r_{pm}	+.27			Male students, England Non-probability chunk sample N: 194, date: 1912 – 1913	WEBB 15 p. 26
DEGREE OF BODILY ACTIVITY IN PURSUIT OF PLEASURES	See above		AFF 5.2	r_{pm}	+.36			See above	WEBB 15 p. 26

L 3.3.2 – SPECIFIC LEISURE ACTIVITIES

TIME SPENT ON TV, RADIO, NEWSPAPER

AVERAGE TELEVISION VIEWING	Closed question on number of hours a day on the average one watched television last week, rated on a 7-point scale 1 hour or less / 2 hours / 3 hours or more	Index of Positive Affects only : G' = -.13 (ns) Negative among those of high S.E.S.: G' = -.14 (ns) Not among those of low S.E.S. : G' = +.02 (ns) Among those of low S.E.S. U-shaped curve: Those watching television for about 2 hours a day having most positive feelings.	AFF 2.3	G'	–	Gt'	ns	Males in the age of 25 – 49, 4 small communities, Illinois, U.S.A. Probability multi-stage samples N: 393, date: March, 1962	BRADB 65/1 p. 44
WATCHING TELEVISION	Direct question: 2 hours or less / more than 2 – 5 hours / more than 5 hours daily		AFF 2.3	t_k	+.09		ns	Aged female public housing residents, U.S.A. Probability systematic random sample N: 44, date: 1967 – 1971	GRANE 75 p. 703
LISTENING TO RADIO	Direct question: less than 1 hour / 1 – 2 hours / more than 2 hours daily	Lower among those of age 66–75 : t_k = +.03 (ns) Stronger among those of age 82–92 : t_k = +.45 (01)	AFF 2.3	t_k	+.19		03	See above	GRANE 75 p. 703
READING NEWSPAPERS	Direct question on frequency in the past week not at all / once / more than once	Lower among males : G = +.21 Stronger among females: G = +.46	HAPP 1.1	G	+			Adults, Metro Manila, Philippines Probability area sample N: 941, date: January – April, 1972	BULAT 73 p. 234
		Lower among males : G = +.42 Stronger among females: G = +.60	HAPP 3.1	G	+				

GOING OUT

FREQUENCY OF GOING OUT EVENINGS WITH SPOUSE	2 or fewer evenings a month vs more	33% of the very satisfied and satisfied, and 40% of the relatively dissatisfied women go out 2 or fewer evenings a month with their husband. Among the men 29% of the very satisfied, 37% of the satisfied and 39% of the relatively dissatisfied report going out 2 or fewer evenings a month with their wives.	HAPP 2.1	D%	+		s	Middle-aged, middle class married couples, U.S.A. Non-probability accidental sample of couples N: 416, date: 1952 - 1953	ROSE 55 p. 17
GOING TO THE MOVIES	Direct question on frequency in the past week not at all / once / more than once	Lower among males : G = +.02 Stronger among females: G = +.52	HAPP 1.1	G	+			Adults, Metro Manila, Philippines Probability area sample N: 941, date: January - April, 1972	BULAT 73 p. 234
		Lower among males : G = +.24 Stronger among females: G = +.36	HAPP 3.1	G	+				
EATING IN RESTAURANTS	See above	Lower among males : G = +.12 Stronger among females: G = +.46	HAPP 1.1	G	+			See above	BULAT 73 p. 234
		Lower among males : G = +.42 Stronger among females: G = +.53	HAPP 3.1	G	+				
EATING IN RESTAURANTS	Closed question: not at all / once / several times or more during last week	Index of Positive Affects only : $G' = +.23$ (01) Unaffected by S.E.S. Stronger among males : $G' = +.30$ (01) Lower among females : $G' = +.23$ (01)	AFF 2.3	G'	+	Gt'		Inhabitants of 4 small communities, Illinois, U.S.A. Probability multi-stage samples N: 2006, date: March, 1962	BRADB 65/1 p. 48
GOING FOR A TRIP IN A CAR	See above	Index of Positive Affects only : $G' = +.23$ (01) Unaffected by sex Unaffected by S.E.S.	AFF 2.3	G'	+	Gt'		See above	BRADB 65/1 p. 48
DISTANCE TRAVELED FROM HOME DURING LAST WEEK	Closed question on furthest distance other than going to work, rated on a 10-point scale less than 1 mile / 2-25 miles / 25 miles or more	Index of Positive Affects only : $G' = +.08$ (ns) Among those of high S.E.S. : $G' = -.07$ (ns) Among those of low S.E.S. : $G' = +.15$ (ns) Among those of low S.E.S. U-shaped curve: Those males who traveled 2 - 25 miles having the least positive feelings.	AFF 2.3	G'	+.08	Gt'	ns	Males in the age of 25 - 49, 4 small communities, Illinois, U.S.A. Probability multi-stage samples N: 393, date: March, 1962	BRADB 65/1 p. 43
DISTANCE TRAVELED FROM HOME DURING THE PAST FEW WEEKS	Closed question on furthest distance other than going to work, rated on a 7-point scale	Index of Positive Affects: $G' = +.29$ Index of Negative Affects: $G' = -.04$	AFF 2.3	G	+			Adults, urban areas, U.S.A. Probability area samples N: 2787, date: January, 1963 - January, 1964	BRADB 69 p. 127

OTHER LEISURE ACTIVITIES

BETTING OR GAMBLING	Direct question on frequency in the past week not at all / once / more than once	Negative among males : G = -.05 Positive among females: G = +.15	HAPP 1.1	G	+			Adults, Metro Manila, Philippines Probability area sample N: 941, date: January - April, 1972	BULAT 73 p. 234
		Negative among males : G = -.03 Positive among females: G = +.28	HAPP 3.1	G	+				
READING	Number of hours devoted to reading books, news-papers and magazines less than 1 / 1 to 3 / more than 3 hours daily		AFF 2.3	t_k	+.04		ns	Aged female public housing residents, U.S.A. Probability systematic random sample N: 44, date: 1967 - 1971	GRANE 75 p. 703
NUMBER OF LEADING ROLES PLAYED IN A PLAY	2 questions on having played a leading role and number of roles		AFF 6	r_{pm}	+.28		05	Female undergraduates, U.S.A. Random sample N: 72, date: —	LUDWI 71/75 p. 64

NEW ACTIVITIES ENGAGED IN	Closed question: no vs yes; during the past few weeks	Index of Positive Affects: G = +.36 Index of Negative Affects: G = +.08	AFF 2.3	G	+			Adults, urban areas, U.S.A. Probability area samples N: 2787, date: January, 1963 – January, 1964	BRADB 69 p. 130
NEW EGO-ORIENTED ACTIVITIES ENGAGED IN	2 direct questions on new activities engaged in during the past few weeks, and type of activities: coded for those activities one engaged in alone	Index of Positive Affects: G = +.37 Index of Negative Affects: G = +.07	AFF 2.3	G	+			See above	BRADB 69 p. 130
NEW OTHER-ORIENTED ACTIVITIES ENGAGED IN	2 direct questions on new activities engaged in during the past few weeks, and type of activities: coded for those activities one engaged in with other people	Index of Positive Affects: G = +.36 Index of Negative Affects: G = +.08	AFF 2.3	G	+			See above	BRADB 69 p. 130
GONE TO NEW PLACES	Closed question: no vs yes; during the past few weeks	Index of Positive Affects: G = +.25 Index of Negative Affects: G = +.04	AFF 2.3	G	+			See above	BRADB 69 p. 130
NOVELTY	3-item index of closed questions on new people met, new places gone to, and new activities engaged in during the past few weeks	Computed for Index of Positive Affects only: G = +.34 When controlled for S.E.S.: G = +.30 Unaffected by sociability Stronger among those who are not satisfied with their social life: G = +.40 For question on new people met see 'Changes in Social Participation' (Part III, S 4.4).	AFF 2.3	G	+			See above	BRADB 69 p. 132
NEW ACTIVITIES OR HOBBIES ENGAGED IN	Closed question; during the last few weeks	Index of Positive Affects: G = +.30 Index of Negative Affects: G = +.22	AFF 2.3	G				Employed males, England Non-probability purposive quota sample N: 192, date: —	PAYNE 74 p. 17
WATCHING MORE TELEVISION	Repeated direct question on number of hours daily Difference between scores in 1967 and 1971		AFF 2.3	t_k	+.10		ns	Aged female public housing residents, U.S.A. Probability systematic random sample N: 44, date: 1967 – 1971	GRANE 75 p. 703
LISTENING MORE TO THE RADIO	See above	Not among those of age 66 – 75: t_k = +.00(ns) Stronger among those of age 82 – 92: t_k = +.53(01)	AFF 2.3	t_k	+.23		02	See above	GRANE 75 p. 703
READING MORE	See above		AFF 2.3	t_k	-.07		ns	See above	GRANE 75 p. 703

L 3.3.4 – ATTITUDES TOWARDS USE OF LEISURE TIME

see also 'Satisfaction with Leisure' (S 1.1)

DESIRE FOR HAVING MORE AMUSEMENT	Whether one would like to go out more often in the evenings for entertainment	33% of the relatively dissatisfied and 26% of the satisfied would like to go out more often. Stronger among males Unaffected by going out with spouse or not	HAPP 2.1	D%	−		s	Middle-aged, middle class married couples, U.S.A. Non-probability accidental sample of couples N: 416, date: 1952 – 1953	ROSE 55 p. 18
ATTITUDE TOWARDS AMOUNT OF TIME SPENT ON ENTERTAINMENT	Closed question: none / far too little / rather too little / sufficient		HAPP 2.1	r^2	+.18	Chi^2	001	Non-agricultural population, Poland Non-probability purposive quota sample N: 1385, date: June/July, 1960	MAKAR 62 p. 114
ATTITUDE TOWARDS AMOUNT OF TIME SPENT ON ENTERTAINMENT	See above		HAPP 2.1	r^2	+.13	Chi^2	001	Individual farmowners and their families, Poland Non-probability purposive quota sample N: 1002, date: June/July, 1960	MAKAR 62 p. 114

BEING INTERESTED IN RECREATION	Closed question		COMP 4.1			ns	Students, U.S.A. Non-probability chunk sample N: 1651, date: —	SYMON 37 p. 292
HAVING PROBLEMS WITH RECREATION	Closed question		COMP 4.1			ns	See above	SYMON 37 p. 292

L 3.4 – VARIOUS LIFE STYLE CHARACTERISTICS

FREQUENCY OF BATHING	Closed question rated on a 6-point scale		HAPP 1.1	G	+.05	ns	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28
FREQUENCY OF SHOPPING	Direct question on frequency in the past week not at all / once / more than once	Lower among males : G = +.18 Stronger among females: G = +.45	HAPP 1.1	G	+		Adults, Metro Manila, Philippines Probability area sample N: 941, date: January – April, 1972	BULAT 73 p. 234
		Stronger among males: G = +.45 Lower among females: G = +.40	HAPP 3.1	G	+			
BEING INTERESTED IN MANNERS	Closed question		COMP 4.1			ns	Students, U.S.A. Non-probability chunk sample N: 1651, date: —	SYMON 37 p. 292
HAVING PROBLEMS WITH MANNERS	Closed question	high school students only L-shaped curve: significantly positive among happier students only	COMP 4.1		+		See above	SYMON 37 p. 292